

Check your enrollment! Purchase books only for classes which you are enrolled.

DEPARTMENT OF NUTRITIONAL SCIENCES
BOOK LIST
FALL 2009

JUNIOR

AHS 3451: Medical Ethics

The Ethics of Health Care: A Guide for Clinical Practice.

Author: Raymond S. Edge, John Randall Groves

Publisher: Thomson Delmar Learning

NS 3111: Orientation to Dietetics – No Book

NS 3134: Science of Food

Required Textbooks for NS 3134/7134 Science of Foods

1. **Choose Your Foods: Exchange Lists for Diabetes**, American Diabetes Association and American Dietetic Association, January 2008. ISBN-10: 0880913770 \$2.49 plus S&H (or get from Dr. Landers)
2. **Culinary Math**, 3rd, Revised and Expanded Edition by Linda Blocker and Julia Hill, The Culinary Institute of America. ISBN: 978-0-470-06821-2
Purchase: \$35
Rent: <http://www.chegg.com/> for \$12.94 per semester (or may buy and return)
*You will probably want to write in this book.
3. **Better Homes and Gardens Cook Book**, 12th Edition or later (e.g. 13th or 14th okay) **ISBN Number:** 069621881X
4. **Understanding Food: Principles and Preparation** by Amy Brown. Wadsworth Publishing (division of Thompson Learning)
3rd Edition 2008: ISBN 13:978-0-495-10745-3.
Purchase:
 - New hardcover \$150
 - E-Book of 3rd Edition: \$85.49 (6 month access) from www.ichapters.comRent 3rd Edition: <http://www.chegg.com/> for \$59.65 (or may buy and return)
2nd Edition: ISBN **ISBN-10: 0534506097 or ISBN-13: 9780534506094**
Cost to purchase used 2nd Edition text: about \$40

Required Materials

1. Lab uniform: closed-toe and heel non-slip safety shoes, long black (preferred) or khaki slacks (no jeans) and collared button-up golf or polo type shirt; hairnet. Students who come to lab without the required uniform will be sent home and will receive zero grade for the lab.
2. Laptop computer with software to include FoodWorks® 10.0, MS Word®, MS Excel®, and MS PowerPoint®. Students may have the FoodWorks® software loaded onto their laptop computer by contacting the College Information Technology staff (Gaylon-Bright@ouhsc.edu). During the first week of class, make an appointment to get the software installed.

NS 3153: Nutrition During the Life Cycle

Krause's Food, Nutrition, and Diet Therapy, 12th Edition

Author: L Kathleen Mahan, Sylvia Escott-Stump

Publisher: Saunders

NS 3173: Organic Biochemistry

Organic and Biochemistry: Connecting Chemistry to Your Life

Author: George Odian, Ira Blei

Publisher: W.H. Freeman

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NS 3191: Nutrition Assessment

Krause's Food, Nutrition, and Diet Therapy

Author: L Kathleen Mahan, Sylvia Escott-Stump

Publisher: Saunders

Food-medication Interactions

Author: Zaneta M Pronsky, Jeanne Patricia, Sr. Crowe, Veronica S. L. Young, Dean Elbe, Sol, M.D., Epstein

Dorland's Illustrated Medical Dictionary

Author: Dorland

Publisher: Saunders

Quick Reference to Clinical Dietetics

Author: Lucinda K. Lysen

Publisher: Jones & Bartlett Pub

Mosby's Diagnostic Laboratory Test Reference

Author: Kathleen Deska Pagana, Timothy J. Pagana

Publisher: Mosby

Check your enrollment! Purchase books only for classes which you are enrolled.

SENIOR

(You may have purchased some of these books during your junior year.)

NS 3223: Nutrition Counseling

Communication & Education Skills for Dietetics Professionals

Author: Betsy B Holli, Richard J Calabrese, Julie O'Sullivan Maillet

Publisher: Lippincott Williams & Wilkins

NS 4126: MNT II

Krause's Food, Nutrition, and Diet Therapy

Author: L Kathleen Mahan, Sylvia Escott-Stump

Publisher: Saunders

Mosby's Diagnostic Laboratory Test Reference

Author: Kathleen Deska Pagana, Timothy J. Pagana

Publisher: Mosby

Food-medication Interactions

Author: Zaneta M Pronsky, Jeanne Patricia, Sr. Crowe, Veronica S. L. Young, Dean Elbe, Sol, M.D., Epstein

Quick Reference to Clinical Dietetics

Author: Lucinda K. Lysen

Publisher: Jones & Bartlett Pub

NS 4131: Intro to Nutrition Research – No Book

ADA Evidence Analysis Manual (available free to ADA member)

NS 4132: Adult Weight Management

Managing Obesity: A Clinical Guide

Publisher/Author: American Dietetic Association

NS 4133: Community Nutrition

Community Nutrition in Action: An Entrepreneurial Approach 5th Edition

Author: Marie A Boyle, David H Holben

Publisher: Wadsworth Cengage Learning

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MASTER OF ARTS (1st YEAR)

NS 3173: Organic Biochemistry

Organic and Biochemistry: Connecting Chemistry to Your Life

Author: George Odian, Ira Blei

NS 5232: Research Methods – No Book

ADA Evidence Analysis Manual (available free to ADA member)

NS 7111: Dietetic Profession – No Book

NS 7134: Science of Food

Required Textbooks for NS 3134/7134 Science of Foods

1. **Choose Your Foods: Exchange Lists for Diabetes**, American Diabetes Association and American Dietetic Association, January 2008. ISBN-10: 0880913770 \$2.49 plus S&H (or get from Dr. Landers)
2. **Culinary Math**, 3rd, Revised and Expanded Edition by Linda Blocker and Julia Hill, The Culinary Institute of America. ISBN: 978-0-470-06821-2
Purchase: \$35
Rent: <http://www.chegg.com/> for \$12.94 per semester (or may buy and return)
*You will probably want to write in this book.
3. **Better Homes and Gardens Cook Book**, 12th Edition or later (e.g. 13th or 14th okay) ISBN Number: 069621881X
4. **Understanding Food: Principles and Preparation** by Amy Brown. Wadsworth Publishing (division of Thompson Learning)
3rd Edition 2008: ISBN 13:978-0-495-10745-3.
Purchase:
 - New hardcover \$150
 - E-Book of 3rd Edition: \$85.49 (6 month access) from www.ichapters.comRent 3rd Edition: <http://www.chegg.com/> for \$59.65 (or may buy and return)
2nd Edition: ISBN **ISBN-10: 0534506097 or ISBN-13: 9780534506094**
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NS 7153: Nutrition During the Life Cycle

Krause's Food, Nutrition, and Diet Therapy

Author: L Kathleen Mahan, Sylvia Escott-Stump

Publisher: Saunders

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NS 7191: Nutrition Assessment

Krause's Food, Nutrition, and Diet Therapy, 12th Edition

Author: L Kathleen Mahan, Sylvia Escott-Stump

Publisher: Saunders

Food-medication Interactions

Author: Zaneta M Pronsky, Jeanne Patricia, Sr. Crowe, Veronica S. L. Young, Dean Elbe, Sol, M.D., Epstein

Dorland's Illustrated Medical Dictionary

Author: Dorland

Publisher: Saunders

Quick Reference to Clinical Dietetics

Author: Lucinda K. Lysen

Publisher: Jones & Bartlett Pub

Mosby's Diagnostic Laboratory Test Reference

Author: Kathleen Deska Pagana, Timothy J. Pagana

Publisher: Mosby

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MASTER OF ARTS (2ND YEAR)

You may have purchased some of these books during your first year.

NS 5133: Public Health Nutrition

Community Nutrition in Action: An Entrepreneurial Approach

Author: Marie A Boyle, David H Holben

Publisher: Brooks Cole

NS 5134: Advanced MNT

Krause's Food, Nutrition, and Diet Therapy

Author: L Kathleen Mahan, Sylvia Escott-Stump

Publisher: Saunders

Mosby's Diagnostic Laboratory Test Reference

Author: Kathleen Deska Pagana, Timothy J. Pagana

Publisher: Mosby

Food-medication Interactions

Author: Zaneta M Pronsky, Jeanne Patricia, Sr. Crowe, Veronica S. L. Young, Dean Elbe, Sol, M.D., Epstein

Quick Reference to Clinical Dietetics

Author: Lucinda K. Lysen

Publisher: Jones & Bartlett Pub

NS 5823: Energy Nutrients

Advanced Nutrition and Human Metabolism

Author: Gropper; Smith

Publisher: Brooks/Cole, Cengage Learning

NS 5970: Seminar – No Book

NS 7222: Nutrition Counseling

Communication & Education Skills for Dietetics Professionals

Author: Betsy B Holli, Richard J Calabrese, Julie O'Sullivan Maillet

Publisher: Lippincott Williams & Wilkins

Check your enrollment! Purchase books only for classes which you are enrolled.

MASTER OF SCIENCE

NS 5132: Adult Weight Management

Managing Obesity: A Clinical Guide, Second Edition

American Dietetic Association. The textbook is available at www.eatright.org (shop online). Price is \$35.00 for ADA members and \$44.00 for non-members.

NS 5133: Public Health Nutrition

Community Nutrition in Action: An Entrepreneurial Approach, 5th Edition

Author: Marie A Boyle, David H Holben

Publisher: Wadsworth Cengage Learning

NS 5134: Advanced MNT

Krause's Food, Nutrition, and Diet Therapy

Author: L Kathleen Mahan, Sylvia Escott-Stump

Publisher: Saunders

Mosby's Diagnostic Laboratory Test Reference

Author: Kathleen Deska Pagana, Timothy J. Pagana

Publisher: Mosby

Food-medication Interactions

Author: Zaneta M Pronsky, Jeanne Patricia, Sr. Crowe, Veronica S. L. Young, Dean Elbe, Sol, M.D., Epstein

Quick Reference to Clinical Dietetics

Author: Lucinda K. Lysen

Publisher: Jones & Bartlett Pub

NS 5232: Research Methods – No Book

ADA Evidence Analysis Manual (available free to ADA member)

NS 5823: Energy Nutrients

Advanced Nutrition and Human Metabolism

Author: Gropper; Smith

Publisher: Brooks/Cole, Cengage Learning

NS 5970: Seminar – No Book

NS 5990: Special Studies – Nutrition & Cancer Online Course: The Clinical Guide to Oncology Nutrition, second edition. Oncology Nutrition Dietetic Practice Group, American Dietetic Association.

The textbook is available at www.eatright.org (shop online). Price is \$50.50 for ADA members and \$66.00 for non-members.

NS 5990: Evidence Based Dietetics

ADA Evidence Analysis Manual (available free to ADA member)