

Spinal Manipulation: Sixth Annual Update for Physical Therapists, Osteopathic Physicians and Medical Doctors

Course 2: March 5-6, 2009

Course 3: March 7-8, 2009

Student course: March 9, 2009

Sponsored by
Department of Rehabilitation Sciences, College of Allied Health, University of Oklahoma Health Sciences Center
and
Oklahoma Physical Therapy Association



Presented by
Peter Gibbons, MB, BS, Diploma in Osteopathy, DM-SMed, MHSc
Victoria University, Melbourne, Australia

Philip Tehan, Diploma in Osteopathy, Diploma in Physiotherapy, MHSc
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Bill Kinsinger, MD
Private Practice of Anesthesiology, Oklahoma City, Oklahoma

Ken Schaecher, PT, MS, DPT, OCS
Physical Therapy Central of Stillwater, Oklahoma

Dave Johnson, PT, PhD, Graduate Diploma in Manipulative Therapy, OCS, FAAOMPT
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Peter Gibbons graduated from the British School of Osteopathy in 1975 and gained his undergraduate medical degree from the Royal Free Hospital School of Medicine in London, UK. He is registered as a medical practitioner and osteopath in Australia, and holds postgraduate qualifications in musculoskeletal medicine. Gibbons has published extensively in peer-reviewed journals and is a co-author of "Manipulation of the Spine, Thorax and Pelvis: An Osteopathic Perspective, 2nd ed." He has presented research and spinal manipulation workshops nationally and internationally, and currently lectures in the subject area of High Velocity Low Amplitude thrust techniques at Victoria University, Melbourne, Australia.

Philip Tehan graduated from the Physiotherapy School, Lincoln Institute of Health Sciences in Melbourne, Australia in 1971 and gained his osteopathic qualification at the British School of Osteopathy in 1975. He is registered as a physiotherapist and osteopath in Australia. Tehan has lectured both nationally and internationally on the topic of musculoskeletal dysfunction, particularly relating to spinal manipulation. Tehan is director of clinical services in osteopathy and physiotherapy at a multidisciplinary clinic in Melbourne, Australia and is a senior lecturer for the bachelor's/masters program in osteopathy at Victoria University, Melbourne, Australia. He is co-author of the text "Manipulation of the Spine, Thorax and Pelvis: An Osteopathic Perspective, 2nd ed."

Bill Kinsinger graduated with a bachelor of arts degree in Chemistry from Westminster College in 1984 and earned an M.D. from the University of Oklahoma in 1988. After a one-year residency in general surgery at OU, he completed a residency in anesthesia at the University of Arkansas for Medical Sciences in Little Rock, where he served as chief resident and received the Robert Dripps Award presented to the outstanding graduate resident in anesthesia. He has been in private practice of obstetric anesthesiology since 1994, and is past president of the Oklahoma Society of Anesthesiologists. Since 1990 he has conducted investigations and research of the chiropractic industry. Bill is associated with the Neck911 network, a volunteer organization devoted to raising awareness of injuries associated with the practice of chiropractic.

Ken Schaecher earned a BS in Sport Science from Oklahoma State University, earned MS and DPT degrees from Arizona School of Health Sciences. Ken practices at Physical Therapy Central of Stillwater, Oklahoma, where he specializes in manual therapy and exercise for persons with orthopaedic or sports disorders. He was an Assistant Professor in the physical therapy program at Langston University, where he taught thrust and non-thrust mobilization/manipulation to physical therapists and physical therapy students. He is board certified in orthopaedic physical therapy, and is pursuing manual therapy certification through NAIOMT. Schaecher has served the Oklahoma Physical Therapy Association (OPTA) as Western District Director, and in 2004 received the OPTA "Outstanding Clinical Instructor of the Year" award.

Dave Johnson did his undergraduate study at the U.S. Air Force Academy. He earned a Graduate Certificate in Physical Therapy from the University of Iowa in 1980, a Graduate Diploma in Manipulative Therapy from Curtin University, Western Australia in 1982, and a master of science degree in Biostatistics and doctoral degree in Epidemiology from the University of Iowa in 1992 and 1996. He is a clinical assistant professor of physical therapy at the University of Oklahoma, where he teaches thrust and non-thrust mobilization/manipulation to physical therapists and physical therapy students. Dave practices at Physical Therapy Central of Oklahoma City. In the 1980s he served as national chair of the Orthopaedic Specialty Council, American Board of Physical Therapy Specialties, and is known for having patented the "Johnson Anti-Shear Accessory" to the Cybex isokinetic dynamometer. Johnson has received several national scholarships, including an APTA McMillan Scholarship in 1986 and 1996, a NIDRR Graduate Traineeship in 1995, and a NIDRR Switzer Merit Fellowship in 2000. In 2007, he received the Kennett Ball Award for service to OPTA.

Intended Audience

- Course 2: Licensed PTs, DOs, or MDs who meet the course 2 prerequisites (see below).
Course 3: Licensed PTs, DOs, or MDs who meet the course 3 prerequisites (see below).
Student course: Students who meet the student course prerequisites (see below).

Course 2 prerequisites

Prior completion of Course 1 of the Spinal Manipulation Update in 2004, 2005, 2006, 2007, or 2008.

OR

Status as a Fellow of the American Academy of Orthopaedic Manual Physical Therapists (AAOMPT).

OR

Submission of documentation of advanced education in manual therapy / manual medicine, including prior instruction in HVLA techniques, specifically:

- a) Faculty, graduate or student in an Orthopaedic Manual Physical Therapy Fellowship or an Orthopaedic Physical Therapy Residency that is credentialed by the American Physical Therapy Association OR
- b) Completion of an entire sequence of manual therapy/manual medicine courses that included instruction in HVLA techniques, such as those offered by Robin Dyer, DO, and/or Harriet Shaw, DO; Ed Stiles, DO; McKenzie Institute; Michigan State University College of Osteopathic Medicine; North American Institute of Orthopaedic Manual Therapy; Ola Grimsby Institute; University of St. Augustine; International Academy of Orthopedic Medicine OR
- c) Other manual therapy/manual medicine sequences will be considered upon petition. Submit inquiries regarding the petitioning process to: dave-johnson@ouhsc.edu

Course 3 prerequisites

Prior completion of Course 2 of the Spinal Manipulation Update 2004, 2005, 2006, 2007, or 2008.

Student course prerequisites

University of Oklahoma physical therapy students enrolled in the 2009 Advanced Spinal Manipulation Selective course, with permission of Dave Johnson, PT, PhD, Grad Dip Manip Ther, OCS, FAAOMPT.

Objectives

At the completion of Course 2, participants will be able to:

- Demonstrate greater proficiency in techniques of spinal positioning for cervical, thoracic, lumbar and sacroiliac regions.
- Demonstrate greater proficiency in techniques of SMT for cervical, thoracic, lumbar and sacroiliac regions.
- Describe and demonstrate techniques of spinal positioning for the upper cervical region, cervicothoracic junction, thoracolumbar junction and lumbosacral junction.
- Describe and demonstrate techniques of SMT for the upper cervical, cervicothoracic, thoracolumbar and lumbosacral regions.

At the completion of Course 3, participants will be able to:

- Demonstrate mastery of techniques of spinal positioning for cervical, thoracic, lumbar and sacroiliac regions.
- Demonstrate mastery of techniques of SMT for cervical, thoracic, lumbar and sacroiliac regions.
- Describe and demonstrate greater proficiency in techniques of spinal positioning for the upper cervical region, cervicothoracic junction, thoracolumbar junction and lumbosacral junction.
- Describe and demonstrate greater proficiency in techniques of SMT for the upper cervical, cervicothoracic, thoracolumbar and lumbosacral regions.

2009 Spinal Manipulation Update

<u>Dates</u>	Course 2 – March 5 (Thursday) 8 a.m. - 5 p.m. March 6 (Friday) 8 a.m. - 5 p.m.	Course 3 – March 7 (Saturday) 8 a.m. - 5 p.m. March 8 (Sunday) 8 a.m. - 5 p.m.
<u>Location</u>	OU Tulsa 4502 East 41 st St., Room 2D18 Tulsa, OK 74135	OU Tulsa 4502 East 41 st St., Room 2D18 Tulsa, OK 74135
<u>Faculty</u>	Gibbons, Tehan, Johnson, Schaecher Course 2 is limited to 40 participants	Gibbons, Tehan, Johnson, Schaecher Course 3 is limited to 30 participants.
<u>Cost</u>	<u>Course 2</u> PT, DO, or MD \$ 695. APTA member \$ 525.	<u>Course 3</u> \$ 795. \$ 625.

Payment may be made by check or credit card. For details see Registration section on next page.

CEU credits CEU credits for Physical Therapists have been requested from the Oklahoma Board of Medical Licensure & Supervision: 15 contact hours for each course.

Travel and Accommodations

More information at: <http://www.visittulsa.com>

Tulsa International Airport (airport code TUL) serves the Tulsa area. Major airlines include American, Continental, Delta, Northwest, Southwest, and United.

Nearby hotels are listed below. All but Doubletree are within walking distance of OU Tulsa.

Doubletree Hotel Tulsa at Warren Place	(918) 495-1000	6110 South Yale Avenue	Tulsa OK 74136
Days Inn Tulsa Central	(918) 496-9300	4724 South Yale Avenue	Tulsa OK 74135
Holiday Inn Select	(918) 622-7000	5000 East Skelly Drive	Tulsa OK 74135
Red Roof Inn	(918) 622-6776	4717 South Yale Avenue	Tulsa OK 74135